



WHAT WORKS evidence accelerators

"This resource was immediately impactful in helping our team think through our workplan and current ESMs."

-- MCH Professional,
California

The MCH Evidence Center's **WHAT WORKS Evidence Accelerators** summarize the latest strategies and practices for each National Performance Measure (NPM).

Each accelerator provides a framework to **identify, understand, and implement** "what works" in creating new or strengthening current Evidence-based/informed Strategy Measures (ESMs).

Summarizing Effective Strategies for MCH with a Framework to Advance What Works

The Center's **WHAT WORKS Evidence Accelerators** help ensure that strategies are:

- ❖ **Meaningful** and will work for targeted populations, especially those most affected by health disparities; and show results that are statistically significant and lead to decisions that bring about change.
- ❖ **Moveable** and have potential to affect desired change; it is important that they are unbiased, significant to public health, and rooted in science, experience, and policy.
- ❖ **Measurable** in addressing issues early and advancing NPMs; a system of translating the evidence into practice is needed.

1. Evidence-Based/Informed Strategies Continuum from MCHbest:



2. Field-Based Practices Continuum from Innovation Hub:



As new **peer-reviewed** and **field-generated** evidence is compiled for each NPM topic, it will be ranked along its respective research continuum and added to a database with links in each accelerator, keeping it current with the science and practice.

Use the Center's WHAT WORKS Evidence Accelerators to begin a quality improvement process to strengthen current or new programs by:

- ❖ Acquiring an understanding of the most current evidence,
- ❖ Linking your program to that evidence, and
- ❖ Developing an effective way to measure progress.

Learn more about **evidence-linked strategies** in the **MCHbest database**:



bank of
evidence-linked
strategies &
tools



Start Smart. The MCH Evidence Center has identified the latest strategies and practices as potential approaches for advancing each of the NPM topic areas. These new, one-page [What Works Evidence Accelerators](#) summarize and update each of the current [Evidence Analysis Reports](#) and provide a framework to identify, understand, and implement “what works” in creating new or strengthening current ESMs.

They provide links to access strategies through the [MCHbest](#) database and state- or community-based programs from AMCHP’s [Innovation Hub](#); supporting evidence; outcomes; and examples of how Title V agencies are either using these strategies directly or adopting components of the interventions that address each NPM. 240 evidence-based/informed strategies have been identified across all NPM topic areas.

Use the links below to download each Accelerator to begin a quality improvement process today:



[NPM 1: Well-Woman Visit](#)

32 evidence-based strategies from MCHbest based on 78 studies; 3 programs from Innovation Hub



[NPM 2: Low-Risk Cesarean Delivery](#)

16 evidence-based strategies from MCHbest based on 99 studies; 5 programs from Innovation Hub



[NPM 3: Risk-Appropriate Perinatal Care \(Perinatal Regionalization\)](#)

9 evidence-based strategies from MCHbest based on 25 studies; 6 programs from Innovation Hub



[NPM 4: Breastfeeding](#)

27 evidence-based strategies from MCHbest based on 144 studies; 16 programs from Innovation Hub



[NPM 5: Safe Sleep](#)

8 evidence-based strategies from MCHbest based on 81 studies; 7 programs from Innovation Hub



[NPM 6: Developmental Screening](#)

9 evidence-based strategies from MCHbest based on 48 studies; 15 programs from Innovation Hub



[NPM 7: Injury Hospitalization](#)

39 evidence-based strategies from MCHbest based on 399 studies; 6 programs from Innovation Hub



[NPM 8: Physical Activity](#)

36 evidence-based strategies from MCHbest based on 104 studies; 5 programs from Innovation Hub



[NPM 9: Bullying](#)

11 evidence-based strategies from MCHbest based on 100 studies; 3 programs from Innovation Hub



[NPM 10: Adolescent Well-Visit](#)

8 evidence-based strategies from MCHbest based on 20 studies; 6 programs from Innovation Hub



[NPM 11: Medical Home](#)

5 evidence-based strategies from MCHbest based on 6 studies; 22 programs from Innovation Hub



[NPM 12: Health Care Transition](#)

12 evidence-based strategies from MCHbest based on 29 studies; 13 programs from Innovation Hub



[NPM 13: Preventive Dental Visit \(Oral Health\)](#)

18 evidence-based strategies from MCHbest based on 37 studies; 4 programs from Innovation Hub



[NPM 14: Smoking](#)

25 evidence-based strategies from MCHbest based on 131 studies; 4 programs from Innovation Hub



[NPM 15: Continuous and Adequate Insurance](#)

34 evidence-based strategies from MCHbest based on 34 studies; 5 programs from Innovation Hub

Dig Deep. The MCH Evidence Center is here to support you. You can access the following resources to help you identify evidence-based/informed strategies, align your strategies to advance your NPMs, and create meaningful measurements for your strategies. You can also [contact us for technical assistance](#).

- [Accelerate with Evidence](#). Identify effective strategies and adopt/adapt them to meet the needs of your populations.
- [Think Upstream to Plan](#). Understand population and performance level thinking and how to plan to see results.
- [Work Together with Equity Tools](#). Find the right tool at the right time to advance health equity and SDOH.