

## Access to Care

**About Technical Assistance Briefs.** The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

**Initial Query for this Brief.** Identify measures and best practices around Access to Care.

### Evidence-Based Strategy Measures

**ESM: Program Integration.** These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

#### Access to Care

AS	<b>ESM 4.3:</b> Percentage of BF women who access the virtual chat room for lactation and peer counseling.
NC	<b>ESM 3.2:</b> Percent of LHDs who are utilizing the NC Psychiatry Access Line (NC-PAL)
MP	<b>ESM 1.1:</b> Percentage of women who report an increase in access to preventive services.
MP	<b>ESM 10.1</b> Percentage of adolescents accessing preventive care who report being referred by their school.
OR	<b>ESM 9.7:</b> Number of activities completed that increase local access to bullying prevention resources.
PR	<b>ESM 11.2:</b> Percent of families at the CSHCN Program who agree that their child has a better health status thanks to the efforts of the care coordinator to help them access the needed services.
SC	<b>ESM 10.2:</b> Percent of school districts that offer telehealth services and access to students
TN	<b>ESM 11.8:</b> Percent of families who report an increase in access and utilization of resources
TN	<b>ESM 11.10:</b> Number of families provided education and resources on importance of medical home access and utilization
WA	<b>ESM 10.1:</b> Increase the percentage of 10th graders in school districts with active DOH-supported interventions who have accessed health care in the past year

### Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to access to care:

Title	Link	Category
<b>Mental health benefits legislation</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mental-health-benefits-legislation">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mental-health-benefits-legislation</a>	Scientifically Supported

<b>Federally qualified health centers (FQHCs)</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/federally-qualified-health-centers-fqhcs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/federally-qualified-health-centers-fqhcs</a>	Scientifically Supported
<b>School dental programs</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-dental-programs">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-dental-programs</a>	Scientifically Supported
<b>Telemedicine</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/telemedicine">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/telemedicine</a>	Scientifically Supported
<b>Rural training in medical education</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/rural-training-in-medical-education">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/rural-training-in-medical-education</a>	Scientifically Supported
<b>Health insurance enrollment outreach &amp; support</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/health-insurance-enrollment-outreach-support">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/health-insurance-enrollment-outreach-support</a>	Scientifically Supported
<b>School-based health centers</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-based-health-centers">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-based-health-centers</a>	Scientifically Supported
<b>Mobile health for mental health</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mobile-health-for-mental-health">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mobile-health-for-mental-health</a>	Some Evidence
<b>Higher education financial incentives for health professionals in underserved areas</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/higher-education-financial-incentives-for-health-professionals-serving-underserved-areas">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/higher-education-financial-incentives-for-health-professionals-serving-underserved-areas</a>	Some Evidence
<b>Allied dental professional scope of practice</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/allied-dental-professional-scope-of-practice">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/allied-dental-professional-scope-of-practice</a>	Some Evidence
<b>Telemental health services</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/telemental-health-services">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/telemental-health-services</a>	Some Evidence
<b>Mobile reproductive health clinics</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mobile-reproductive-health-clinics">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mobile-reproductive-health-clinics</a>	Some Evidence
<b>Rural transportation services</b>	<a href="https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/rural-transportation-services">https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/rural-transportation-services</a>	Expert Opinion

## Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to behavioral health

<b>Title</b>	<b>Link</b>	<b>Category</b>
<b>The Health-e-Access Telemedicine Program</b>	<a href="https://amchp.org/wp-content/uploads/2021/05/Health-e-access-program_2015.pdf">https://amchp.org/wp-content/uploads/2021/05/Health-e-access-program_2015.pdf</a>	Best
<b>The JJ Way Model of Maternity Care – Easy Access Clinic</b>	<a href="https://amchp.org/wp-content/uploads/2021/05/JJ-Way-Model_Innovation-Station-Handout.pdf">https://amchp.org/wp-content/uploads/2021/05/JJ-Way-Model_Innovation-Station-Handout.pdf</a>	Promising

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Access other resources at <https://www.mchevidence.org>

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