

Economic Mobility

About Technical Assistance Briefs. The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

Initial Query for this Brief. Identify measures and best practices around Economic Mobility.

Evidence-Based Strategy Measures

ESM: Program Integration. These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

State	ESM
NY	ESM 10.1 Percent of youth-serving programs that provide training on adult preparation subjects, such as accessing health insurance, maintaining their routine preventive medical visits, healthy relationships, effective communication, financial literacy, etc.
UT	ESM 9.6: Strengthen Household Economic Security through an uptick in Utah filings for the Earned Income Tax Credit

State priorities focused on Economic Mobility

State	Priority Needs	Strategies
LA	Promote healthy development and family resilience through policies and practices rooted in core principles of development	<ul style="list-style-type: none"> Provide family coaching and support through evidence-based home visiting and mental health consultation Create a culture of active listening and reflection by implementing reflective supervision across BFH
NH	Increase family support and access to training respite	<ul style="list-style-type: none"> Explore options to increase public awareness of, access to, and availability of respite care providers including those for families of CYSHCN with emergency respite needs

	and childcare providers	<ul style="list-style-type: none"> • Collect and analyze data to support policy development and support for respite • Support updated competency-based training modules for respite care providers • Maximize the opportunity for intra-agency collaboration as a result of the creation of a new Department-wide Caregiver Integration Team • Facilitate availability of respite resources for families through NH ServiceLink/NH Care Path • Inform and assist families to access available respite services which may be provided in a variety of settings, on a temporary basis, including the family home, respite centers, or residential care facilities. • Explore transportation as a barrier to accessing out-of-home respite
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Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to Economic Mobility.

Title	Link	Category
Paid Family Leave	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/paid-family-leave	Scientifically Supported
Earned Income Tax Credit	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/earned-income-tax-credit-eitc	Scientifically Supported
College Access Programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/college-access-programs	Scientifically Supported
Community Development Block Grants	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/community-development-block-grants-cdbgs	Some Evidence
Housing Choice Voucher Program (Section 8)	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/housing-choice-voucher-program-section-8	Some Evidence
Low Income Housing Tax Credits	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/low-income-housing-tax-credits-lihtcs	Some Evidence
Unemployment Insurance	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/unemployment-insurance-ui	Some Evidence
Rapid Re-housing Programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/rapid-re-housing-programs	Some Evidence
Individual Incentives for Public Transportation	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/individual-incentives-for-public-transportation	Some Evidence
Community Health Workers	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/community-health-workers	Some Evidence

Workplace Support for Breastfeeding	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/workplace-supports-for-breastfeeding	Some Evidence
Child Tax Credit Expansion	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/child-tax-credit-expansion	Expert Opinion
Refundable Child and Dependent Care Tax Credit	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/refundable-child-and-dependent-care-tax-credit	Expert Opinion

Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to Economic Mobility.

Title	Link	Category
Reducing Breastfeeding disparities in California through Lactation Accommodation Workgroup Agenda	http://www.amchp.org/programsandtopics/BestPractices/InnovationStation/ISDocs/Lactation%20Accommodation%20Workgroup_Innovation%20Station%20Handout_Fall2020.pdf	Cutting Edge

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Access other resources at <https://www.mchevidence.org>

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