

Food Security/Insecurity

About Technical Assistance Briefs. The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

Initial Query for this Brief. Identify measures and best practices around Food Security/Insecurity.

Evidence-Based Strategy Measures

ESM: Program Integration. These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

State	ESM
ID	ESM 8.1.1: Number of childcare professionals trained on healthy behaviors for young children and creating health environments with focus on nutrition and physical activity.
KY	ESM 4.1: Number of early care and education professionals or providers completing training modules on nutrition, physical activity, or other obesity related opportunities
KY	ESM 8.2.1: Number of districts receiving training or technical assistance for strategies to create a healthy school nutrition environment, or evaluation of recess and multi-component education policies.
MO	ESM 8.1.1: Increase the number of programs/training's on promoting healthy eating and active lifestyle campaigns among children
NY	ESM 8.1.1: Percent of children and youth enrolled in School Based Health Centers (SBHCs) who have documentation of counseling or anticipatory guidance on physical activity and nutrition during a visit to a SBHC within the past year
TN	ESM 8.1.7: Percent of eligible venues offering the Double Up Food Bucks Program
WV	ESM 11.3: Number of children who receive Title V funded medically necessary medical foods

Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to food security/insecurity:

Title	Link	Category
School Breakfast Program	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-breakfast-programs	Scientifically Supported

Fruit & Vegetable Incentive Programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/fruit-vegetable-incentive-programs	Scientifically Supported
WIC & Senior Farmers' Market Nutrition Programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/wic-senior-farmers-market-nutrition-programs	Some Evidence
Farm to School Programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/farm-to-school-programs	Some Evidence
Community Gardens	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/community-gardens	Some Evidence
New Grocery Stores in Underserved Areas	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/new-grocery-stores-in-underserved-areas	Some Evidence
Farmers Markets	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/farmers-markets	Some Evidence
Mobile Produce Markets	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mobile-produce-markets	Some Evidence
Healthy School Lunch Initiative	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/healthy-school-lunch-initiatives	Some Evidence
Healthy Food in Convenience Stores	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/healthy-food-in-convenience-stores	Some Evidence
Health Food Initiatives in Food Pantries	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/healthy-food-initiatives-in-food-pantries	Some Evidence
Community Kitchens for Food Processing	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/community-kitchens-for-food-processing	Expert Opinion
Food Buying Clubs and Co-Ops	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/food-buying-clubs-co-ops	Expert Opinion
Food Hubs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/food-hubs	Expert Opinion
Fruit & Vegetable Gleaning Initiatives	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/fruit-vegetable-gleaning-initiatives	Expert Opinion
Urban Agriculture	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/urban-agriculture	Expert Opinion
Electronic Benefit Transfer Payment at Farmers Markets	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/electronic-benefit-transfer-payment-at-farmers-markets	Expert Opinion
Community Supported Agriculture (CSA)	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/community-supported-agriculture-csa	Expert Opinion
Nutrition Prescriptions	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/nutrition-prescriptions	Expert Opinion

Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to food security/insecurity:

Title	Link	Category
The Empower Program	https://amchp.org/wp-content/uploads/2021/05/The-Empower-Program_Practice-Handout_Best.pdf	Best
Pathways Community Hub Institute (PCHI)	https://amchp.org/wp-content/uploads/2021/05/Pathways-Community-HUB.pdf	Best
Medical Home Community Team (MHCT)	https://amchp.org/wp-content/uploads/2021/05/Medical-Home-Community-Team_Promising-Practice-handout_final.pdf	Promising

Incorporating the Social and Structural Determinants of Health in Colorado's Title V Program	https://amchp.org/wp-content/uploads/2021/05/Colorado-SDoH_Practice-Handout-CuttingEdge.pdf	Cutting-Edge
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Access other resources at <https://www.mchevidence.org>

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