

Men’s Health Initiatives

About Technical Assistance Briefs. The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

Initial Query for this Brief. Identify measures and best practices around Men’s Health Initiatives.

Evidence-Based Strategy Measures

ESM: Program Integration. These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

State	ESMs
MA	ESM 10.1 Percent of School Based Health Center clients who are male.
PA	ESM 10.10 Number of young adult and adolescent males receiving trainings through Coaching Boys into Men Curriculum.

Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to men’s health. It is important to note that many Title V activities (such as green space and healthy food access, and smoking quitlines) can be beneficial to men in the community despite their historic focus on women’s health.

Title	Link	Category
Group-based parenting programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/group-based-parenting-programs	Scientifically Supporter
Paid Family Leave	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/paid-family-leave	Scientifically Supporter
School-based intimate partner violence protection programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/school-based-intimate-partner-violence-prevention-programs	Some Evidence

Father Involvement programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/father-involvement-programs	Some Evidence
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Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to behavioral health

Title	Link	Category
Youth and Family Services Boys Health Program	https://amchp.org/wp-content/uploads/2021/05/Boys-Health-Program.pdf	Best
Young Parent-Centered Case Management	https://amchp.org/wp-content/uploads/2021/05/MPPTI_Practice-Handout-Best.pdf	Promising
Parent Leadership Development	https://amchp.org/wp-content/uploads/2021/05/Parent-Leadership-Development.pdf	Emerging
Community Engagement Assessment Tool: Supporting Family, Youth and Community Engagement in all MCH/CYSHCN Programs	https://amchp.org/wp-content/uploads/2021/05/Community-Engagement-Tool_Practice-Handout-Emerging-2.pdf	Emerging
Planning for Meaningful Family Involvement Worksheet	https://amchp.org/wp-content/uploads/2021/05/Planning-for-Meaningful-Family-Involvement-Worksheet_Practice-Handout_Cutting-Edge.pdf	Cutting-Edge
Using Barbershops to Teach Period of PURPLE Crying / Infant Development	https://amchp.org/wp-content/uploads/2021/05/Barbershops-and-Period-of-Purple-Crying.pdf	Cutting-Edge

Resources for Increasing Workforce Capacity around Men’s Health Initiatives

MCH Bank of Evidence-based Strategies and Tools:

<https://www.mchevidence.org/tools/strategies/search/>

Health generations. Annotation: This newsletter presents articles on maternal and child health (MCH) research, programs, policies, and resources. Each issue focuses on a specific topic relevant to the health of pregnant women, infants, children, and adolescents including those with special health care needs and their families. Topics include adolescent tobacco use, childhood obesity, women’s reproductive health, child abuse, adolescent alcohol abuse, mental health, adolescent pregnancy and prevention, physical inactivity, childhood asthma, childhood poverty, early childhood, children’s environmental health, family planning, mental health of CYSHCN, immigrant and refugee health, school environment and health, job stress, food insecurity and hunger, oral health, American Indian health, war and public health, disaster mental health, fatherhood, reproductive health surveillance, early childhood mental health, health of military families, MCH in a new era of HIV, collaboration in MCH research and practice, life course, the Affordable Care Act, sexual health, public health in action, and incarceration.

<http://www.epi.umn.edu/mch/index.php/resources/healthy-generations>

The Crisis of connection for adolescent boys. Annotation: This video provides information about increasing isolation among adolescent males as they move from childhood to adolescence and how social connections affect health and well-being. The video encourages adults to rethink assumptions and provides strategies to encourage the friendships that help adolescent boys thrive. Supplemental materials, including a discussion guide for professionals and family members, are also available.

<https://www.youtube.com/watch?v=l0eTfikmq9k&feature=youtu.be>

Engaging parents, developing leaders: A self-assessment and planning tool for nonprofits and schools. *Annotation:* This document is designed to help schools and other nonprofit organizations evaluate their parent engagement efforts and chart a path toward deeper partnerships with parents and other caregivers. Contents include an assessment and planning tool with instructions on how to use it and how to assess its results. Topics include building a culture of respect, inclusion, and equity; coaching parents; forming partnerships with parents; and partnering with others to serve the whole family. Examples of real-world strategies and programs are also included.

<http://www.aecf.org/m/resourcedoc/AECF-EngagingParentsDevelopingLeaders-2016.pdf>

Family engagement inventory. *Annotation:* This resource provides information about family engagement practices across child welfare, juvenile justice, behavioral health, education, and early education. Contents include links to organizations, agencies, and information that support family engagement within three domains. Contents include methods, plans of action, processes, and/or policies designed to be used by frontline staff of each discipline to enhance or achieve family engagement; links to and information on selected practices and programs that are validated and supported by a documented, evaluative process as they relate to family engagement; and links to information and websites that provide additional literature about family engagement processes, methods, and programs.

<https://www.childwelfare.gov/fei/>

Parent Engagement. *Annotation:* These resources are designed to assist parents and school staff in working together to support and improve the learning, development, and health of children and adolescents. Contents include fact sheets for school districts and school administrators, teachers and other school staff, and parents and families. A strategy guide for state and local education agencies on selecting and implementing parent engagement strategies specific to HIV/STD prevention and a facilitator's guide for staff development are also included.

http://www.cdc.gov/healthyyouth/protective/parent_engagement.htm

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Access other resources at <https://www.mchevidence.org>

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