

Social Connectedness

About Technical Assistance Briefs. The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

Initial Query for this Brief. Identify measures and best practices around social connectedness.

Evidence-Based Strategy Measures

ESM: Program Integration. These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

State	ESMs
NM	ESM 1.4: Percentage of primary providers that have received training and/or consultation in assessing and treating behavioral health needs.
CT	ESM 10.2: Percent of adolescents 12 through 17 with a behavioral health screening at the time of medical visit at all school-based health centers.
PA	Number of behavioral health providers trained in pregnancy intention assessment
PA	Percent of women enrolled in home visiting, Centering Pregnancy and IMPLICIT who are referred for behavioral health services following a positive screening
OR	Completion of environmental scan to determine role of Title V in perinatal behavioral health
NC	Percent of adolescents who had a behavioral health screening at time of preventive care visit
NC	Percent of LHDs whose child health staff receive training on appropriate use of valid and reliable developmental, psychosocial, social determinants of health, and behavioral health screening tools for children during state fiscal year

Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to behavioral health

Title	Link	Category
Behavioral health primary care integration	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/behavioral-health-primary-care-integration	Scientifically Supported
Patient shared decision making	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/patient-shared-decision-making	Scientifically Supported
Mental health benefits legislation	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/strategies/mental-health-benefits-legislation	Scientifically Supported

Cognitive-behavioral therapy for offenders	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/cognitive-behavioral-therapy-cbt-for-offenders	Scientifically Supported
School-based social and emotional instruction	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/school-based-social-and-emotional-instruction	Scientifically Supported
Text message-based health interventions	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/text-message-based-health-interventions	Scientifically Supported
Computerized clinical decision support system (CDSS)	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/computerized-clinical-decision-support-systems-cdss	Scientifically Supported
Attendance interventions for chronically absent students	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/attendance-interventions-for-chronically-absent-students	Scientifically Supported
School-wide positive behavioral interventions and supports (Tier 1)	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/school-wide-positive-behavioral-interventions-and-supports-tier-1	Scientifically Supported
Mental health first aid	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mental-health-first-aid	Some Evidence
Mobile health for mental health	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/mobile-health-for-mental-health	Some Evidence
Telemental health services	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/telemental-health-services	Some Evidence
Crisis lines	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/crisis-lines	Some Evidence
School-based trauma counseling	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/school-based-trauma-counseling	Some Evidence
Universal school-based suicide awareness & education programs	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/universal-school-based-suicide-awareness-education-programs	Some Evidence

Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to behavioral health

Title	Link	Category
Moving beyond depression	https://amchp.org/wp-content/uploads/2021/05/AMCHP-Best-Practice-Form-MBD-2017.pdf	Best
Infant and Early Childhood Mental Health Consultation	https://amchp.org/wp-content/uploads/2021/10/IECMHC-Practice-Handout-Best.pdf	Best
Massachusetts Partnership for Early Childhood Mental Health:	https://amchp.org/wp-content/uploads/2021/05/MA-LAUNCH-MY-CHILD_Innovation-Station-Handout.pdf	Best
Perinatal depression screening/referrals	https://amchp.org/wp-content/uploads/2021/05/Perinatal-Depression-Screening-Referral_2015.pdf	Emerging

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Access other resources at <https://www.mchevidence.org>

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