

Trauma Informed Practice

About Technical Assistance Briefs. The MCH Evidence Center provides ongoing technical assistance (TA) to Title V agencies related to the emerging evidence base, strategies, and measures related to many topics interconnected with National Performance Measures and other critical topics in MCH. *Technical Assistance Briefs* are an outcome of these TA sessions that are designed to act as *conversation starters* in thinking about programs that can be developed to address issues that affect women, infants, children, adolescents, youth, families, and communities. These briefs are not meant to be comprehensive; full analyses of the NPM topic areas are provided in [Evidence Analysis Reports](#).

The Center makes these customized briefs available during TA and on the program website to identify evidence-based/informed strategies, promising practices, examples of ESMs from the field and peer-reviewed resources. Please [contact us](#) if you would like us to develop a similar report for topics that you are working on.

Initial Query for this Brief. Identify measures and best practices around Trauma Informed Practice.

Evidence-Based Strategy Measures

ESM: Program Integration. These ESMs have been chosen by other states. You can review the ESMs to see if any resonate with your goals. Evidence Center staff are available to talk through how you could modify select ESMs to serve your needs.

State	ESM
AR	ESM 7.1.1: Percent of families served in home visiting programs who have reports of child maltreatment
KY	ESM 7.1.1 Number of community members receiving training or technical assistance about preventable child injuries or death and promoting injury prevention activities including child maltreatment, child passenger, gun, water, fire, pedestrian, ATV, or more.
TN	ESM 8.1.8 Percent of staff with an increase in ACEs and TIC knowledge as evidence by post training evaluation

Evidence-Based Strategies – What Works for Health

The following programs have been identified as effective models related to Trauma Informed Practice.

Title	Link	Category
Trauma-informed schools	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-schools	Some Evidence
School-based trauma counseling	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/school-based-trauma-counseling	Some Evidence
Crisis lines	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/crisis-lines	Some Evidence

Trauma-informed health care	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-health-care	Expert Opinion
Trauma-informed juvenile justice system	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-juvenile-justice-systems	Expert Opinion
Trauma-informed approaches to community building	https://www.countyhealthrankings.org/take-action-to-improve-health/what-works-for-health/policies/trauma-informed-approaches-to-community-building	Expert Opinion

Evidence-Based Strategies – Innovation Hub

The following programs have been identified as effective models related to Trauma Informed Practice.

Title	Link	Category
Moving Beyond Depression	https://amchp.org/wp-content/uploads/2021/05/AMCHP-Best-Practice-Form-MBD-2017.pdf	Best
Every Child Succeeds	https://amchp.org/wp-content/uploads/2021/05/KY-Every-Child-Succeeds_Final-Implementation-Handout.pdf	Best
Parent Coaching within a Pediatric Primary Care Practice	https://amchp.org/wp-content/uploads/2021/05/Parent-Coaching-within-a-Pediatric-Primary-Care-Practice.pdf	Promising
1st Five Healthy Mental Development Initiative	https://amchp.org/wp-content/uploads/2021/05/IA_1st-Five.pdf	Promising
Medically Vulnerable Care Coordination Project	https://amchp.org/wp-content/uploads/2021/05/MVCCP_CA.pdf	Promising
Urban Lotus Project: Trauma-Informed Yoga for Youth	https://amchp.org/wp-content/uploads/2021/05/Urban-Lotus-Project-Trauma-Informed-Yoga-for-Youth_Practice-Handout_Promising.pdf	Promising

Trauma Informed Practice: Technical Assistance Brief

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Access other resources at <https://www.mchevidence.org>

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